

Religious Education & Positive Mental Health and Wellness: end of September to Thanksgiving

May also be used during Advent or Lent as a Gratitude project.

Grade 12 - Lesson 4

Grade 12 Who I AM ... Lesson 4 - MUSIC

CHURCH AND CULTURE - ``gratitude is contagious’’

Who I AM Makes A Difference Because Jesus Loves Me!

Background

God promised Moses, “I will be with you.” God has made the same promise to each of us because He considers us His children. His loves YOU without conditions. His presence in YOUR life is constant. The presence of God surrounds you; the voice of a friend, the sound of music. Enjoy life!

Curriculum Expectation – Ontario Catholic School Graduate Expectations, Overall and Specific Expectations from related Subjects

Ontario Catholic School Graduate Expectations

CGE1d - Develops attitudes & values founded on Catholic social teaching and acts to promote social responsibility

CGE2c - Presents information and ideas clearly and honestly and with sensitivity to others

CGE3a - Recognizes there is more grace in our world than sin and that hope is essential in facing all challenges

CGE4a - Demonstrates a confident and positive sense of self and respect for the dignity and welfare of others

CGE5e - Respects the rights, responsibilities and contributions of self and others

CGE6e - Ministers to the family, school, parish, and wider community through service

CGE7c - Seeks and grants forgiveness

Religion Overall Expectation

Describe the role of the Church as an institution empowered by the Holy Spirit and charged with the responsibility of the moral and ethical formation of her people (Faith 1st nugget)

Religion Specific Expectation

Define Catholic understanding of happiness and analyze the challenges in contemporary society to both personal and societal happiness (Faith 1st nugget)

Learning Goals

- Students will demonstrate understanding to the Catholic definition of happiness and analyze the challenges people face in finding this happiness.
- Students will demonstrate understanding of the Cardinal Virtue Fortitude as a moral strength to face difficulties or adversities.

Success Criteria (possible suggestions)

I will achieve success by selecting appropriate music to highlight the challenges people face in finding their happiness and

		<p><i>in discovering their Who I AM story.</i></p> <p><i>I will achieve success by using this music to help me explain the Who I AM story of my chosen role model, their moral strength, and their definition of happiness while connecting their story to my personal story.</i></p> <p><i>I will achieve success by explaining how music and my chosen role model become the church to others & helps to develop positive mental health image in others.</i></p>
Instructional Components		
<p>Prior Knowledge and/or Skills Exodus 3</p> <p><u>Suggested Teacher Daily Reflection</u> Gus Lloyd 60 Second Reflection http://guslloyd</p>	<p>Terminology ‘the church’</p> <p>Who I AM Makes A Difference Because Jesus Loves Me!</p>	<p>Resources/Materials Internet/computers Textbooks, Bibles, CCC Dear Student,</p>
Prayer/Scripture Focus		
<p>In the name of the Father and of the Son and of the Holy Spirit, Loving God, the Great I AM, I thank you that you are always with me, helping me, guiding me, leading me, and keeping me safe. I also thank you for the unconditional love that you give to me. Bring to my mind two people in my life who I am grateful for, people who have helped me, guided me or loved me in a special way. I pray now for those two special people. Help me to remember that, who I am makes a difference to others and to you, I pray, in the name of the Father and of the Son and of the Holy Spirit, Amen</p>		
Minds On	Approximately 10 Minutes	Assessment
<p>Begin lesson watching/listening to U2 – Ordinary Love on YouTube at http://m.youtube.com/watch?v=jGidZX-pK7s</p>		<p>A brief music activity intended to bring</p>

<p>Teacher Voice</p> <p>“The phrase Who I AM originated in a conversation between God and Moses...on a Mount...through a Burning Bush. The value of Who I AM has two meanings. The first meaning speaks to the importance of God as being the center of our life. I AM = value of God. The second meaning speaks to the priceless gift we are to self and others. I AM = value of Me. God makes a difference to us. Through His Son Jesus, unconditional love was offered to all. Who you are makes a difference to others because God blessed you with talents and gifts.”</p> <p>“Today you are going to demonstrate your knowledge of Who I AM through music. A song by U2 titled <i>Grace</i>, reflects Blessed Mother Teresa and the love she shared with others.” http://www.youtube.com/watch?v=VAOn1PNAsCg</p> <p>“<u>Turn and Talk</u> to a classmate closest to you, your knowledge of Blessed Mother Teresa.” “How does Blessed Mother Teresa model ‘ordinary love’ as spoken in the U2 video?” (allow sharing time)</p> <p>“Blessed Mother Teresa’s Who I AM story is ... she made a difference to all of us because of her unconditional surrender of love, forgiveness and charity to those who suffered in silence through disease, sickness or poverty. Blessed Mother Teresa has changed attitudes through her authentic character by being the church to those in need.”</p>			<p>students into the learning.</p> <p><u>Anecdotal notes/observations</u></p> <p>http://www.youtube.com/watch?v=VAOn1PNAsCg</p> <p><i>U2 – Grace – Blessed Mother Teresa</i></p>							
Action			Approximately 45 Minutes	Assessment						
<p>Select an appropriate song – Christian or modern – that best describes the Who I AM... story of one of the following role models.</p> <table><tr><td>Saint Pope John Paul II</td><td>Pope Francis</td><td>Dorothy Day</td></tr><tr><td>Blessed Mother Teresa</td><td>Jean Vanier</td><td>or YOU!!!!</td></tr></table> <p>1. Print the lyrics to the song.</p> <p>2. Explain the Who I AM story of one of the above.</p> <p>3. Connect their Who I AM to the lyrics of the song using quotes as evidence to support their ideas.</p> <p>4. How does this music or this role model become ‘the church’ to others?</p> <p>5. How does this role model depict positive mental health and spiritual wellness? [See: Dear Student]</p>			Saint Pope John Paul II	Pope Francis	Dorothy Day	Blessed Mother Teresa	Jean Vanier	or YOU!!!!		<p>The main portion of the lesson where student thinking is probed and revealed through a music research purposeful activity.</p> <p><u>Who I AM rubric</u></p>
Saint Pope John Paul II	Pope Francis	Dorothy Day								
Blessed Mother Teresa	Jean Vanier	or YOU!!!!								

Consolidation	Assessment
<p data-bbox="175 264 841 296">http://www.youtube.com/watch?v=VAOn1PNAsCg</p> <p data-bbox="175 302 821 333">Play U2 – Grace song to bring class back together.</p> <p data-bbox="175 384 293 415">Exit Card</p> <p data-bbox="175 422 1203 491">What challenges or adversities did Blessed Mother Teresa face in her pursuit to finding happiness within the Church?</p> <p data-bbox="175 541 362 573">Teacher Voice</p> <p data-bbox="175 579 1224 722">“One song that reflects our collective efforts in the Who I AM project can be heard through a Canadian artist. He is ‘the church’ to others by committing to change the world. Tomorrow we will listen to your selections, hear your words, and your connections.</p> <p data-bbox="175 728 1224 798">We will close class by listening to this artist highlight what we have accomplished through participating in Who I AM...”</p> <p data-bbox="175 848 607 879">Johnny Reid – Change the World</p> <p data-bbox="175 886 834 917">http://www.youtube.com/watch?v=T2ACmJPhz3Q</p> <p data-bbox="175 968 1203 1073">Closing Prayer ~ Hey God, Help me to remember that, who I am makes a difference to others and to you because I model unconditional love, forgiveness and celebration of life. Amen</p>	<p data-bbox="1265 264 1458 533">Teacher supports students with making connections to the learning goal.</p> <p data-bbox="1265 579 1386 611"><u>Exit Card</u></p>
Final Notes	
<p data-bbox="175 1205 1484 1236">Teacher may wish to model their own personal Who I AM to music choice in order to guide students.</p> <p data-bbox="175 1287 1097 1318">If YouTube is not available, the lyrics can be found at www.azlyrics.com</p> <p data-bbox="175 1369 797 1400">Chords are available at www.ultimateguitar.com</p>	

Activity

Dear Student,

Who **I AM** originated in a conversation between God and Moses...on a Mount...through a Burning Bush. The value of Who **I AM** has two meanings. The first meaning speaks to the importance of God as being the center of our life. I AM = value of God. The second meaning speaks to the priceless gift we are to self and others. I AM = value of Me.

Through MUSIC, you are going to demonstrate your knowledge of Who **I AM** Makes A Difference Because Jesus Loves Me!

1. Select an appropriate song that best describes the **Who I AM**... story of one of the following role models:

Saint Pope John Paul II

Dorothy Day

Pope Francis

Blessed Mother Teresa

Jean Vanier

YOU!!!!

2. Print the lyrics to the song.
3. Explain the Who **I AM**... story of one of the above. (why they make a difference to others)
4. Connect their Who **I AM**... story to the lyrics of the song using quotes as evidence to support your ideas. Show unconditional love, forgiveness, and celebration of life.
5. How does this music and this role model become 'the church' to others?
6. How does this music and this role model encourage or promote mental health and wellness in others?
7. You will present this package of information in a letter format addressed 'Dear Teacher'. Please place the letter into an 8x10 envelope addressed to me. Don't forget to attach the music lyrics.
8. Enjoy your project! Grow in understanding as you discover, we are 'the church'. Happiness is found first in God and second in self. Lean on Him. Lean on each other.

Who I AM... RUBRIC



	Level 4	Level 3	Level 2
Catholic Graduate Expectations: 1. Discerning believer 2. Effective communicator 3. Reflective, creative & holistic thinker 4. Self-directed, lifelong learner 5. Collaborative contributor 6. Caring family member 7. Responsible citizen	Demonstrated thorough understanding of CGE Notes: _____	Demonstrated considerable understanding of CGE Notes: _____	Demonstrated some understanding of CGE Notes: _____
Knowledge and Understanding - Subject-specific content acquired (knowledge), Comprehension of its meaning and significance (understanding)	Student's choice of music demonstrates thorough knowledge and understanding of the Who I AM story in relation to their role model.	Student's choice of music demonstrates considerable knowledge and understanding of the Who I AM story in relation to their role model.	Student's choice of music demonstrates some knowledge and understanding of the Who I AM story in relation to their role model.
Thinking - The use of critical and creative thinking skills and/or processes	The student's music choice and explanation demonstrates creative thinking skills with a high degree of effectiveness	The student's music choice and explanation demonstrates creative thinking with considerable degree of effectiveness.	The student's music choice and explanation demonstrates creative thinking skills with some degree of effectiveness.
Communication - The conveying of meaning through various forms	Student clearly expresses and organizes ideas with Who I AM information to a high degree of effectiveness	Student clearly expresses and organizes ideas with Who I AM information to a considerable degree of effectiveness	Student clearly expresses and organizes ideas with Who I AM information to some degree of effectiveness
Application - The use of knowledge and skills to make connections between Religious Education/Mental Health & Wellness and the world outside the school	Student's presentation shows precise connections between role model, music and Who I AM with a high degree of effectiveness.	Student's presentation shows precise connections between role model, music and Who I AM with considerable effectiveness.	Student's presentation shows precise connections between role model, music and Who I AM with some degree of effectiveness.

Teacher comments _____

Who I AM – Exit Card

WHO I AM... EXIT CARD

Compare the challenges Blessed Mother Teresa faced in her pursuit to finding happiness with the challenges YOU face in your pursuit of finding happiness in the Church?



Who I AM... Exit Card

Compare the challenges Blessed Mother Teresa faced in her pursuit to finding happiness with the challenges YOU face in your pursuit of finding happiness in the Church?

