

Religious Education & Positive Mental Health and Wellness: end of September to Thanksgiving

May also be used during Advent or Lent as a Gratitude project.

Grade 12 - Lesson 2

Grade 12 Who I AM ... Lesson 2 – MENTOR TEXT - *Forever Young* (Bob Dylan)

CHURCH AND CULTURE - “gratitude is contagious”

Who I AM Makes A Difference Because Jesus Loves Me!

Background

God promised Moses, “I will be with you.” God has made the same promise to each of us because He considers us His children. His loves YOU without conditions. His presence in YOUR life is constant. God knows our heart. He knows your gift of resiliency. Lean on Him when you need too.

Curriculum Expectation – Ontario Catholic School Graduate Expectations, Overall and Specific Expectations from related Subjects

Ontario Catholic School Graduate Expectations

- CGE1a** -illustrates a basic understanding of the saving story of our Christian faith;
- CGE2a** -listens actively and critically to understand and learn in light of gospel values;
- CGE3d** -makes decisions in light of gospel values with an informed moral conscience;

Religion Overall Expectation:

Identify the role of Scripture in ethical and moral decision-making (Scripture - 3rd nugget)

Religion Specific Expectation:

Research the social, political and ethical impact of the Gospel (Scripture - 9th nugget)

Learning Goals

- Students will identify the role of Scripture in ethical and moral decision-making (Scripture - 3rd nugget)
- Students will demonstrate knowledge of the Theological Virtue of Hope as a community of trust in God’s Plan.

Success Criteria (possible suggestions)

*I will achieve success by actively participating in group discussions connected to my personal Who I AM story in order identify the role Scripture plays in my decision making process.
I will achieve success by*

		<p><i>reflecting on how music can help shape my character ethics and develop my virtue of hope in trusting God’s Plan.</i></p>
<p>Instructional Components</p>		
<p>Prior Knowledge and/or Skills</p> <ul style="list-style-type: none"> • Internet research skills • Choral Reading <p>Suggested Teacher Daily Reflection</p> <p>Gus Lloyd 60 Second Reflections http://guslloyd.com</p>	<p>Terminology</p> <p>Blessed Mother Teresa Bob Dylan U2 Bruce Springsteen Nelson Mandela</p>	<p>Resources/Materials</p> <p>Who I AM = Character Ethics Who I AM mentor text Forever Young (Bob Dylan) Who I AM Exit Card</p>
<p>Prayer/Scripture Focus</p>		
<p>In the name of the Father and of the Son and of the Holy Spirit, Loving God, the Great I AM, I thank you that you are always with me, helping me, guiding me, leading me, keeping me safe, and building my resiliency. I also thank you for the unconditional love that you give to me. Bring to my mind two people in my life who I am grateful for, people who have helped me, guided me or loved me in a special way. I pray now for those two special people. Help me to remember that, who I am makes a difference to others and to you, I pray, in the name of the Father and of the Son and of the Holy Spirit, Amen</p>		
<p>Minds On</p>	<p>Approximately 10 Minutes</p>	<p>Assessment</p>
<p>https://www.youtube.com/watch?v=Ds8levHRPGM&noredirect=1 Watch the above video to hook students on <i>Forever Young</i> lesson.</p> <p>Teacher Voice “The Pope standing with Bob Dylan is known as Saint Pope John Paul II. When he was alive he actively encouraged youth to return to their faith and find a friend in Jesus. Do you recognize the President with Bob Dylan?”</p> <p>Introduce the class to this lesson by sharing the Who I AM = Character Ethics handout [See: Who I AM = Character Ethics]</p> <p>Teacher Voice “What surprised you about Character Ethics?” Follow the script for the Mentor Text – <i>Forever Young</i> by Bob Dylan</p>		<p>A brief conversation intended to bring students into new learning.</p> <p><u>Anecdotal / observations</u></p>

Action	Approximately 40 Minutes	Assessment
<p>[See: Who I AM Forever Young by Bob Dylan]</p> <p>Use the attached template to create your read aloud for Bob Dylan’s <i>Forever Young</i>. Place the post-it as indicated to prompt discussion throughout the reading.</p>		<p>Students’ thinking is probed through questioning a mentor text.</p> <p>Choral Reading Print the lyrics to Bob Dylan’s <i>Forever Young</i> song. Distribute to students and have them read the lyrics as a choral reading.</p>
Consolidation	Approximately 20 Minutes	Assessment
<p>Watch the following video: https://www.youtube.com/watch?v=plhfJbR7Gxk (Bob Dylan and Bruce Springsteen)</p> <p>Teacher Voice “Turn and talk to the person beside you in order to answer these questions.” (Post questions for visual)</p> <ol style="list-style-type: none"> 1. How does MUSIC help to shape the Who I AM... Character Ethics that rests within each of us? 2. How does MUSIC balance positive mental health and spiritual wellness? 3. How does positive mental health and spiritual wellness blend into the Who I AM project? <p>Prayer Journal “What part of who you are, do you desire to seek God’s help in developing further toward a more positive trait?”</p> <p>Exit Card Explain how you think your character has changed over time and what has influenced that development. [See: Who I AM Exit Card]</p>		<p>Teacher supports student with making connections to the learning goal.</p> <p>Bruce Springsteen and Bob Dylan’s duo of <i>Forever Young</i> is an amazing look at the culture of the people and the style of music. What is the Scripture message in <i>Forever Young</i>?</p> <p>Exit Card Express an opinion</p>

Final Notes

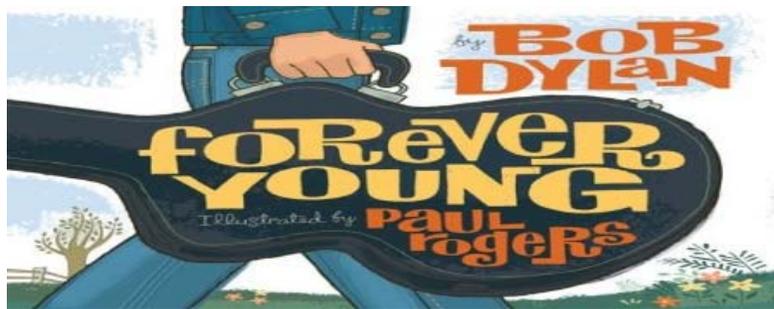
Extend the lesson by listening/watching Bob Dylan's *Forever Young* on youtube.

<https://www.youtube.com/watch?v=Ds8levHRPGM&noredirect=1> (Bob Dylan)

<https://www.youtube.com/watch?v=plhfJbR7Gxk> (Bob Dylan and Bruce Springsteen)

Extend the lesson:

1. Read the lyrics to Bob Dylan's *Forever Young* as a choral reading.
2. Use the letters **FOREVER YOUNG** to write an acrostic poem that demonstrates Social Justice ideas/concern
3. Allow student's time to research other songs by Bob Dylan, Bruce Springsteen or Bono/U2 to find the Gospel message of Jesus.
4. Compare **U2 – Always** to **Bob Dylan – Forever Young**. Provide evidence of positive mental health attitude in both songs. Where do you see unconditional love, forgiveness and celebration of life? How do both songs speak to the audience, **Who I AM** Makes A Difference Because Jesus Loves Me?
 - *Teachers, this lesson could be stretched into two classes.*



“Teachers are like gardeners. They provide the things needed for growth: knowledge, wisdom, advice, comfort, support, and love, enabling students to develop to their full potential. In and through this delicate act of gardening, of caring and giving, the teacher facilitates the beautiful development of the life within the seed.”

(from: Filomena Tassi & Peter Tassi, 500 Prayers for Catholic Schools & Parish Youth Groups, Twenty-third Publications, 2004.)

Who I AM = Character Ethics - Would you believe it?

What if today's generation of high school students reported this?

81% lying to a parent about something significant Would you believe it?

62% lying to a teacher about something significant Would you believe it?

33% copying an Internet document to turn in as a school assignment

60% cheating during a test at school Would you believe it?

28% stealing something from a store Would you believe it?

42% believing that "A person has to lie in order to succeed"

Would you believe most high school students if they said, "I am satisfied with my own ethics, morals, character, and mental health attitude"?

What if today's generation of high school students reported this?

67% submitted assignments that were authentically their work

40% completed a test without cheating

58% believe the truth is the path to success

72% pay for their purchases because they work for their money

100% were born with a positive mental health attitude

100% were created in the image of God Would you believe it?

100% are loved with His unconditional love Would you believe it?

100% are forgiven by His unconditional forgiveness Would you believe it?

100% are called His children Would you believe it?

Would you believe most high school students if they said...

"I want a closer relationship with Jesus. I want to know Him better"?

What surprised you about Character Ethics?

Who I AM...Forever Young by Bob Dylan

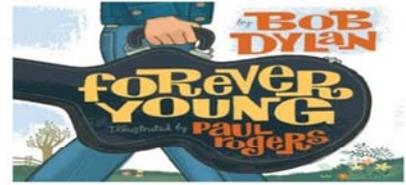
Prepare the text before reading by writing the following questions on a post-it and securing the post-it to the page identified. Thank you. Using the Illustrator’s notes at the back of the text, write on post-it the various points of interest to share as you read the text. Place the post it on appropriate pages.

Forever Young

Purpose...	Read...	Thinking... (post-its)	Biblical Connection...
Background knowledge prior to reading...	“This story is based on a song titled <i>Forever Young</i> by Bob Dylan. It was released on an album in 1974 titled Planet Waves.”	“My first thought is ‘what is an album ?’ followed by ‘Who is Bob Dylan?’ and finally why does he want to stay forever young?”	We are called to come to Jesus as a child (Matt 18:3) but not to stay a child rather to grow spiritually mature.
Front/Back Cover Open the text so the front/back cover is completely in view. Read the Dylan message on the back cover	“This text is about one of the greatest loved songwriters of all time. His brand of music was popular in 1960 during cultural unrest.”	First page...small picture of Dylan with a sign that says ‘Dig yourself’ “Dylan built character ethics into his songs. How does music build ethics and positive mental health?”	“One way to build character ethics is to acknowledge the differences people make in your life.” Read Matt. 7:12
Theme Picture of guitar being passed to a youth.	“Dylan introduces his theme quickly. What blessing is he extending to others? How does he do this?”	The Who I AM in Dylan offers 2 blessings – the gift of words and the guitar. Who is receiving the gift of the guitar?	Explore the following bible passage: Numbers 6: 24-26 Connection?
Questioning/Wondering Continue reading to picture of boy staring at stars.	“How do you hope to achieve a forever young attitude?” “Who can you lean on when your attitude stumbles?”	“What are struggles that you anticipate will derail you from achieving a forever young attitude?”	God teaches us happiness from a high perspective. His love guides us to a forever young spiritual wellness.
Prediction Question Continue to read but STOP at the page that has a poster saying Save the Planet .	“The time was 1960. How were the youth planning on saving the planet?”	“How do we save the planet today? Being a steward of the planet brings responsibility. What are you responsible for?”	Catholic Graduate Expectation A responsible citizen
The Big Purpose Finish reading the text. Ask students to close their eyes and reflect on what you are saying.	“How has Dylan used this song to connect with Who I AM outreach of showing gratitude and appreciation to others?”	Using the Illustrators notes from the back of the text, revisit the text highlighting each page and the meaning within. Take time to explore the <i>Forever Young</i> message.	God has a purpose for all of His Children: to love Him the way He loves you and to love others as you love yourself.

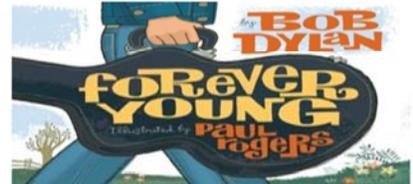
Who I AM Exit Card

Who I AM... Exit Card



Explain how you think your character has changed over time and what has influenced that development.

Who I AM... Exit Card



Explain how you think your character has changed over time and what has influenced that development