

**Religious Education & Positive Mental Health and Wellness:** end of September to Thanksgiving

May also be used during Advent or Lent as a Gratitude project.

**Grade 12 - Lesson 3**

<p><b>Grade 12 Who I AM ... Lesson 3 – B true 2 U</b></p> <p><b>CHURCH AND CULTURE</b> - “gratitude is contagious”</p> <p>Who <b>I AM</b> Makes A Difference Because Jesus Loves Me!</p>	
<p><b>Background</b>  <i>God promised Moses, “I will be with you.” God has made the same promise to each of us because He considers us His children. He loves YOU without conditions. His presence in YOUR life is constant. He desires you to be true to who you are, through your resiliency and positive mental attitude. Love unconditionally, forgive freely, and celebrate life.</i></p>	
<p><b>Curriculum Expectation – Ontario Catholic School Graduate Expectations, Overall and Specific Expectations from related Subjects</b></p>	
<p><b><u>Ontario Catholic School Graduate Expectations</u></b>  <b>CGE4e</b> - Sets appropriate goals and priorities in school, work and personal life  <b>CGE5f</b> - Exercises Christian leadership in the achievement of individual and group goals  <b>CGE7d</b> - Promotes the sacredness of life  <b>CGE7b</b> - Accepts accountability for one's own actions</p> <p><b><u>Religion Overall Expectation</u></b>                  Examine the human search for meaning and purpose (Morals – 1<sup>st</sup> nugget)</p> <p><b><u>Religion Specific Expectation</u></b>                  Describe how Scripture and the Catholic Teaching inform conscience and moral decision making (Morals - 6<sup>th</sup> nugget)</p>	<p><b>Learning Goals</b></p> <ul style="list-style-type: none"> <li>• Students will demonstrate an understanding of the human search for meaning and purpose (Morals – 1<sup>st</sup> nugget)</li> <li>• Students will demonstrate an understanding of the Cardinal Virtue of Justice as they seek that which is good in every situation.</li> </ul> <p><i>Success Criteria (possible suggestions)</i></p> <p><i>I will achieve success during small group activities by collaborating and communicating my thoughts/ ideas toward understanding the meaning and purpose of my life.</i></p>

		<i>I will achieve success by using critical thinking to address the task presented to the group.</i>
<b>Instructional Components</b>		
<b>Prior Knowledge and/or Skills</b> 10 Commandments <b>Exodus 3:14</b> <b>Suggested Teacher Daily Reflection</b> Gus Lloyd 60 Second Reflections <a href="http://guslloyd.com">http://guslloyd.com</a>	<b>Terminology</b> Covenant Moses Freedom Character / Morals	<b>Resources/Materials</b> Who <b>I AM</b> God’s Modern Day Saints skit Who <b>I AM</b> Moral Formation Who <b>I AM</b> rubric
<b>Prayer/Scripture Focus</b>		
Create a class environment of quotes from some of your favourite Saints (Saint Pope John Paul II, Blessed Mother Teresa, St. Francis, St. Anthony, St. Maximilian Kobe etc.). Also have quotes from famous people who have lived like modern day saints (Nelson Mandela, Pope Francis, Dorothy Day, Jean Vanier, Bono)  <b>Music - U2 – Grace – Blessed Mother Teresa</b> <a href="http://www.youtube.com/watch?v=VAOn1PNAsCg">http://www.youtube.com/watch?v=VAOn1PNAsCg</a>		
<b>Minds On</b>	<b>Approximately 10 Minutes</b>	<b>Assessment</b>
Invite two students to role play the skit Ron and Don. As they prepare to present, co-construct success criteria for today’s lesson based on the learning goal provided. [See: <b>Who I AM God’s Modern Day Saints</b> ]		A brief skit intended to bring students into new learning of Church and Culture. <b><i>Anecdotal Notes</i></b>
<b>Action</b>	<b>Approximately 50 Minutes</b>	<b>Assessment</b>
Use the following <b>U2 – Ordinary Love</b> youtube video to introduce Love and Morals. <a href="http://m.youtube.com/watch?v=XC3ahd6Di3M">http://m.youtube.com/watch?v=XC3ahd6Di3M</a> Describe MORALS/LOVE. <b>“What does the word MORALS mean to you?” “What does the word LOVE (unconditional) mean to you?”</b>  <u>Turn and Talk</u> with a partner - share the name of a famous person who models strong moral formation and your reason for picking that person.		Student thinking is evoked and revealed through an inquiry / research session of purposeful learning.

<p><u>Turn and Talk</u> with a new partner – share the name of a famous person who models strong ‘ordinary love’. What is your reasoning?</p> <p><b>Teacher Voice</b>  <b>“What do strong morals, unconditional love and positive mental health, look like, sound like, feel like?”</b></p> <p>Divide students into nine small groups. Present each group with their assignment. Students will research to develop a deeper understanding of morals and how morals are formed. Students use 21<sup>st</sup> century language: collaboration, critical thinking, communication, creativity. [See: <b>Moral Formation</b>]</p>	<p><u><b>Who I AM rubric</b></u></p>
<p><b>Consolidation</b></p>	<p><b>Assessment</b></p>
<p><b>Teacher Voice</b>          “Each group has a different role model to research. Form an Inside Outside Circle for sharing.”</p> <p><b>“What connections can you make between your moral compass and your research role model’s moral compass?”</b> (time for sharing)</p> <p>*Inside circle students move 3 spaces to the right. New partner. Share.*  <b>“Do you feel that moral formation is DNA related or Jesus related? “</b>  <b>“Describe the sounds within your perfect beautiful day?”</b></p> <div data-bbox="803 1234 1136 1417" data-label="Image"> </div>	<p>Teacher supports students with making connections to the learning goal.</p> <p><u><b>Anecdotal Notes</b></u></p> <p>Inside Outside Circle</p> <p>Close class with YouTube video by U2 - <b>Beautiful Day</b>  <a href="https://www.youtube.com/watch?v=gVJdIQ2IHQk">https://www.youtube.com/watch?v=gVJdIQ2IHQk</a></p>
<p><b>Final Notes</b></p>	
<p>Oprah and Dr. Brene Brown – Joy video  <a href="http://www.faithit.com/she-studied-shame-12-years-about-drop-knowledge-bomb-thatll-change-way-you-think/?c=news&amp;utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=faithit_newsletter&amp;utm_content=9/2/2014+1:24:55+PM">http://www.faithit.com/she-studied-shame-12-years-about-drop-knowledge-bomb-thatll-change-way-you-think/?c=news&amp;utm_source=newsletter&amp;utm_medium=email&amp;utm_campaign=faithit_newsletter&amp;utm_content=9/2/2014+1:24:55+PM</a></p>	

## Who I AM – God’s Modern Day Saints!

**Based On:** Exodus 3:14, Revelation 8:3-4, Romans 12:12, Proverbs 2:1-8

**Big Idea:** In the Old Testament God called Moses to free His people. Through a Burning Bush, I AM WHO I AM gave Moses the blueprint to His freedom plan. God uses His Son Jesus, through His ‘I AM’ message of the New Testament to teach about unconditional love, unconditional forgiveness and the celebration of life. In the real world, God provides us with modern day saints to deliver a new message to His people – living a life of service toward others as was modeled by His Son Jesus.

**Background:** God used Moses to be a great deliverer to His people and return them to the land that He had promised to Abraham and his descendants. God uses His Son, Jesus, to teach others about service, sacrifice, inclusion, respect, unconditional love, unconditional forgiveness and celebrating life.

**Type of Presentation:** Ron and Don deliver a sports caster format of Who I AM information through each episode of Bible Boot Camp. Ron, grounded in a strong traditional faith formation, often challenges Don to think past professional sports and into the world of Jesus. Don loves the Lord but is often side tracked by his passion for sports broadcasting and comes across as an individual who is easily distracted. Together, Ron and Don’s goal is to lead others to the value and significance of Who I AM Makes A Difference Because Jesus Loves Me!

**Topics Addressed:** I AM WHO I AM signifying the wonderful uniqueness of God and the priceless importance of each of us as His children. The Golden Rule compliments the infamous conversation between God and Moses and draws the audience into a deeper relationship with His Son Jesus. We continue to view our energy as a magnetic force that attracts others to our thoughts and feelings. You hold within you a powerful magnet to spiritual health and faith-filled mental wellness. Imagine the joy and happiness God’s children felt when they were about to receive freedom. Imagine the joy and happiness God felt when He presented His Son, Jesus, to His Children as a priceless gift of love. God extended that gift when He gave us holy men and women – we call them saints.

### Script

Ron – Welcome to a sensational episode of Bible Boot Camp. I am Ron, your host for tonight’s show. My co-host Don is stuck in traffic. He will be arriving shortly. For tonight’s session we will be addressing holy men and women...modern day saints. Nelson Mandela offered one of my favourite realistic quotes about saints when he stated, “I am not a saint, unless you think of a saint as a sinner who keeps on trying.” Many would classify Mandela into the spiritual company of great saints who passed before him. Mandela’s drive and passion for justice could be compared to the words spoken by St. Augustine. "Pray as though everything depended on God. Work as though everything depended on you." Today’s society is in need of a strong role ...

Don – Wait! Wait! I’m here! *Oh when the saints...oh when the saints...oh when the saints come marching in...I wanna be in that number, oh when the saints come marching in.* Sorry Ron.

Who **I AM**...Saints *jmj*

When I heard what today's episode was going to be about saints, I couldn't resist sharing that song. I remember, before each hockey practice when I was in Timbits, there would always be one mother...she was a real saint...who would gather us kids around and make us sing that song as we marched out onto the ice. Man, did that ever empower us to do the best skating ever.

Ron – Welcome to the show Don. That was quite an entrance. Bruce Springsteen did a better job with that performance when he sang it in 2006.

Don – Well, you know me Ron. I don't like a lot of attention on myself – it's all about the ratings for the show. Remember when we went to the Louisiana Superdome for my birthday on September 25, 2006? Green Day and U2 performed together at a New Orleans Saints football team pregame. A live version of the song they performed was recorded that day.

Ron – I know you appreciate the music of U2 and the social justice work they do, but this show is about saints, not U2. Stay focused.

Don – Hey. Hold up there buddy. I'm making a connection.

Ron – I apologize. Please go ahead. I love a good connection to U2.

Don – Smartie pants! The title of the song was called *The Saints Are Coming*. Betcha didn't think I would know that one. The song doesn't have anything to do with Catholic saints like Augustine, Pope John Paul II, Anthony or Francis. When artists sing about saints, I take notice.

Ron – Thank you for the musical connections to saints. You mentioned one of the new saints who have been added to our list of spiritual faith-filled heroes. Saint Pope John Paul II was once known and loved as Pope John Paul II. He is my favourite saint. His outreach to the youth and his desire to draw them closer to the Lord was outstanding. I met him once in an airport at Uplands Base in Ottawa. Do you have a favourite saint, Don?

Don – yah! I like the guy you pray to when you lose something. He's always been my favourite. I seem to have lost his name though. You know who I mean. There is a real catchy song about him. Seem to have lost that too! I hate it when I feel lost.

Ron – Would it be St. Anthony? The song is "Tony, Tony, turn around, what's been lost, must now be found." St. Anthony is the patron saint of lost items.

Don – Jumping catfish!!! That's the one. St. Anthony? Not only has he helped me find lost items but he helped me find my way on many occasions when I was lost in my life journey. I wonder how he became the saint of lost items?

*Who **I AM**...Saints jmj*

Ron – A lot of saints are used as models of heroes for today’s youth. They look up to them for inspiration and direction. Did you know you have to be dead before you can become formally canonized as a saint?

Don – Tough job...die first, then get the promotion. They must have a hard time with insurance.

Ron – I don’t think any saint has ever thought of it quite like that. It’s more like they lived their life in service to God, Jesus and others. That was natural for them. The saint part was the icing on the cupcake.

Don – Speaking of cupcakes. Anne in advertising gave me a cupcake. Actually she gave me two cupcakes. One was for you but I ate both. She had them decorated with a message that said “Who **I AM**...Jesus Loves Me!” They were delicious! Too bad you didn’t try one.

Ron – I would have loved to try one.

Don – Tough call! Anyway, this cupcake had a message. Who **I AM** message. She gave me a cupcake as a gift and then said some nice words about how you and I make a difference to others and that Jesus loves us. Anne is a sweetie. That cupcake was delicious. I think Anne is a modern day saint. Her words and actions were an example of how Jesus wants us to serve others. She makes a difference! I am sure that Jesus loves ME but she is His favourite.

Ron – The inspiration for the Who **I AM** Makes A Difference Because Jesus Loves Me was rooted through the bible...right?

Don – So you are testing the old guy to see how much attention I pay to our show. I remember. I also remember that I can connect the Who **I AM** project to this episode on saints because we, just like they, are called to live a life of celebration, forgiveness, peace, and joy all under the umbrella of God’s unconditional love and Jesus’ sacrifice for us. Saints sacrificed a lot for their faith. I sacrifice a Saturday morning sleep-in so I can lace up and hit the ice with the guys.

Ron – Only in your world does that count Don. In God’s world, sacrificing a sleep-in for ice time doesn’t add up. What about people like Jean Vanier or Dorothy Day? How do you rate them in the list of saints?

Don – Doris Day? Why, she was an amazing actress but I am not familiar with anything that she did for the Lord.

Ron – Not Doris Day...Dorothy Day!!! She was an American journalist, social activist and devout Catholic convert. She considered herself to be a servant of the Lord. Although many considered her a live saint, she quickly ignored the idea by stating "Don't call me a saint. I don't want to be

*Who **I AM**...Saints jmj*

dismissed so easily." When Dorothy Day was no longer able to travel, visitors came to her. Included in that list was Mother Teresa of Calcutta. She once placed on Dorothy's dress the crucifix normally worn only by fully professed members of the Missionary Sisters of Charity. My favourite quote by Dorothy is "If I have achieved anything in my life, it is because I have not been embarrassed to talk about God." Too often we shy away from talking about God because we don't want to insult people. Our voice should speak His Word. Jean Vanier used his voice to speak about God. He is a Canadian Catholic philosopher turned theologian. He is noted for his quote, "All of us have a secret desire to be seen as saints, heroes, martyrs. We are afraid to be children, to be ourselves."

Don – My favourite modern day saint is still living. He is former NHL Ottawa Senator Mike Fisher. Did you know that Mike Fisher loves the Lord? On his hockey sticks he has Romans 12:12 written. "Rejoice in hope, be patient in suffering, persevere in prayer." He's not afraid to talk about God.

Ron – Back to the question I asked you earlier about Who **I AM**... What do you remember?

Don – I love Who **I AM**! It builds stronger relationships with people and forms united communities. Like a hockey community! That reminds me, I should tell my Saturday morning hockey guys that I appreciate them getting me out of my cozy bed each Saturday morning to hit the cold frigid ice. For them I sacrifice a warm sleep-in.

Ron – You are dodging the question. What do you remember about Who **I AM**?

Don – Ok. I remember. Old Testament. Exodus 3:14. Guy named Moses. Guy named God. Burning Bush. Shoes off because of Holy ground. God revealed His identity. I AM WHO I AM. God's identity has two messages in one name. The first **I AM** message speaks about the value and importance of God as the center of our life! We are His children, He is our God. Through the second **I AM**, God shows us that our value and importance is connected and interconnected through our relationship with Him and with each other. The message is simple. First **I AM** = God is important. Second **I AM** = I am important. How did I do? Did I pass the test, SIR?

Ron – Amazing. Absolutely amazing! Now tie it all into the message of the saints and I will pay for your ice time and your Gatorade this Saturday!!!!

Don – From the chair of Saint Don...

Ron – and the desk of Saint Ron...good night folks!

## Who I AM... Moral Formation

### **Group 1 Reflection:**

1. What does it mean to be a moral person? What does it mean to have mental health and wellness?
2. How do your Who **I AM** “actions speak louder than words” when it comes to moral principles?
3. Who in your life has been a strong example of a moral person that has helped create the Who **I AM** within you? How?

### **Did you know...**

- When we live moral lives, we testify to the dignity we have been given by virtue of the fact that we are created in God’s image. God affirms our dignity by giving us free will

### **The Ten Commandments**

- Basic guideline for the rules of a Christian life
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart that transform the heart and reconnect us with our Who **I AM**

### **Inquiry / Research**

Nelson Mandela was born July 18, 1918. He was a great moral role model. He was a great moral hero to many. What qualities of character ethics did Nelson Mandela have that made him so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Nelson Mandela quote that reflects his personal WHO **I AM** story?

Dear Students,

Your assignment is to be creative in displaying your understanding of moral formation, by answering the questions and connecting your knowledge to the Who **I AM**... project. Your creativity can shine through in poster form, moviemaker, power point, bitstrips instant comics...etc. Discuss your presentation idea with your teacher. Collaborate with your group. Communicate effectively your ideas for this project. Let your critical thinking skills surface as you connect your learning back to your Learning Goal and Success Criteria. God Bless!

## Who I AM... Moral Formation

### **Group 2 Reflection:**

1. What does it mean to be a moral person? What do you think the connection is between one's moral code and positive mental health?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- Freedom of ‘free will’ is recognized when it is used to do what is good and right
- With this freedom comes responsibility

### **The Ten Commandments**

- Basic guideline for the rules of a Catholic life
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart that transform our heart and lead us to our Who I AM...

### **Inquiry / Research**

Blessed Mother Teresa was born in 1910. She was a great moral role model. She was a great moral hero to many. What qualities of character ethics did Blessed Mother Teresa have that made her so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Blessed Mother Teresa quote that reflects her personal WHO **I AM** story?

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## Who I AM... Moral Formation

### **Group 3 Reflection:**

1. What does it mean to be a moral person? What do you think the connection is between one's moral code and positive mental health?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- Beatitudes guide our moral compass
- Christ promises blessings to those who live lives of charity and humility

### **The Ten Commandments**

- Basic guideline for the rules of godly living
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart

### **Inquiry / Research**

Dorothy Day was born in 1897. She was a great moral role model. She was a great moral hero to many. What qualities of character ethics did Dorothy Day have that made her so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Dorothy Day quote that reflects her personal WHO **I AM** story?

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## Who I AM... Moral Formation

### **Group 4 Reflection:**

1. What does it mean to be a moral person? Who is the best example of resiliency?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- He promises the kingdom of heaven, inheritance of earth, and the title “sons of God”
- We form our conscience through study of God’s Word and the teachings of the Church, aided by the guidance of the Holy Spirit and the advice of brothers / sisters in Christ

### **The Ten Commandments**

- Basic guideline for the rules of godly living
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart

### **Inquiry / Research**

Saint Augustine was born in 354. He was a great moral role model. He was a great moral hero to many. What qualities of character ethics did Saint Augustine have that made him so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Saint Augustine quote that reflects his personal WHO **I AM** story?

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## Who I AM... Moral Formation

### **Group 5 Reflection:**

1. What does it mean to be a moral person? Why bother with positive mental health attitudes?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- Scripture points to four virtues – prudence, justice, fortitude, temperance
- Prudence – to see the good in everything

### **The Ten Commandments**

- Basic guideline for the rules of godly living
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart

### **Inquiry / Research**

Saint Pope John Paul II was born in 1920. He was a great moral role model. He was a great moral hero to many. What qualities of character ethics did Saint Pope John Paul II have that made him so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Saint Pope John Paul II quote that reflects his personal WHO I AM story?

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## Who I AM... Moral Formation

### **Group 6 Reflection:**

1. What does it mean to be a moral person? Do moral people live resiliency?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- When we live moral lives, we testify to the dignity we have been given by virtue of the fact that we are created in God’s image
- God affirms our dignity by giving us free will

### **The Ten Commandments**

- Basic guideline for the rules of godly living
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart

### **Inquiry / Research**

Pope Francis was born in 1936. He is a great moral role model. He is a great moral hero to many. What qualities of character ethics does Pope Francis have that make him so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Pope Francis quote that reflects his personal **I AM** story?

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## Who I AM... Moral Formation

### **Group 7 Reflection:**

1. What does it mean to be a moral person? How can you connect resiliency to morals?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- Freedom of ‘free will’ is recognized when it is used to do what is good and right
- With this freedom comes responsibility

### **The Ten Commandments**

- Basic guideline for the rules of godly living
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart

### **Inquiry / Research**

Jean Vanier was born in 1928. He is a great moral role model. He is a great moral hero to many. What qualities of character ethics does Jean Vanier have that made him so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Jean Vanier quote that reflects his personal **WHO I AM** story?

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## Who I AM... Moral Formation

### **Group 8 Reflection:**

1. What does it mean to be a moral person? Does mental health affect morals?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- Beatitudes guide our moral compass
- Christ promises blessings to those who live lives of charity and humility

### **The Ten Commandments**

- Basic guideline for the rules of godly living
- Love of God and love of others
- First three commandments relate to loving God
- Fourth to Tenth commandments relate to loving others
- Attitudes of the heart

### **Inquiry / Research**

Saint Maxmillian Kobe was born in 1894. He was a great moral role model. He was a great moral hero to many. What qualities of character ethics did Saint Maxmillian Kobe have that made him so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Saint Maxmillian Kobe quote that reflects his personal WHO I AM story?

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Your assignment is to be creative in displaying your understanding of moral formation, by answering the questions and connecting your knowledge to the Who I AM... project. Your creativity can shine through in poetry, essay, skit, poster form, moviemaker, power point, bitstrips instant comics...etc. Discuss your presentation idea with your teacher. Collaborate with your group. Communicate effectively your ideas for this project. Let your critical thinking skills surface as you connect your learning back to your Learning Goal and Success Criteria. God Bless!

## Who I AM... Moral Formation

### **Group 9 Reflection:**

1. What does it mean to be a moral person? Does resiliency affect morals?
2. How do our “actions speak louder than words” when it comes to moral principles?
3. Who in my life has been a strong example of a moral person?

### **Did you know...**

- He promises the kingdom of heaven, inheritance of earth, and the title “sons of God”
- We form our conscience through study of God’s Word and the teachings of the Church, aided by the guidance of the Holy Spirit and the advice of brothers / sisters in Christ

### **The Ten Commandments**

- Basic guideline for the rules of godly living
- Love of God and love of others
- First three commandments relate to loving God
- Forth to tenth commandments relate to loving others
- Attitudes of the heart

### **Inquiry / Research**

Saint Francis of Assisi was born in 1181. He was a great moral role model. He was a great moral hero to many. What qualities of character ethics did Saint Francis of Assisi have that made him so unique and worthy in the eyes of countless? How can these qualities be connected to your moral compass and positive mental health? What is the best Saint Francis of Assisi quote that reflects his personal WHO **I AM** story?

Dear Students,

Your assignment is to be creative in displaying your understanding of moral formation, by answering the questions and connecting your knowledge to the Who **I AM**... project. Your creativity can shine through in poetry, essay, skit, poster form, moviemaker, power point, bitstrips instant comics...etc. Discuss your presentation idea with your teacher. Collaborate with your group. Communicate effectively your ideas for this project. Let your critical thinking skills surface as you connect your learning back to your Learning Goal and Success Criteria. God Bless!

Who I AM... RUBRIC



	Level 4	Level 3	Level 2
<p><b>Catholic Graduate Expectations:</b></p> <ol style="list-style-type: none"> <li>1. Discerning believer</li> <li>2. Effective communicator</li> <li>3. Reflective, creative &amp; holistic thinker</li> <li>4. Self-directed, lifelong learner</li> <li>5. Collaborative contributor</li> <li>6. Caring family member</li> <li>7. Responsible citizen</li> </ol>	<p>Demonstrated thorough understanding of CGE</p> <hr/> <p>Notes:</p>	<p>Demonstrated considerable understanding of CGE</p> <hr/> <p>Notes:</p>	<p>Demonstrated some understanding of CGE</p> <hr/> <p>Notes:</p>
<p><b>Knowledge and Understanding</b> - Subject-specific content acquired (knowledge), Comprehension of its meaning and significance (understanding)</p>	<p>The student's research demonstrates thorough knowledge and understanding of free will and discernment of right and wrong.</p>	<p>The student's research demonstrates considerable knowledge and understanding of free will and discernment of right and wrong.</p>	<p>The student's research demonstrates some knowledge and understanding of free will and discernment of right and wrong.</p>
<p><b>Thinking</b> - The use of critical and creative thinking skills and/or processes</p>	<p>The student's inquiry demonstrates the use of critical/creative thinking and processing skills with a high degree of effectiveness</p>	<p>The student's inquiry demonstrates the use of critical/creative thinking and processing skills with considerable degree of effectiveness</p>	<p>The student's inquiry demonstrates the use of critical/creative thinking and processing skills with some degree of effectiveness</p>
<p><b>Communication</b> - The conveying of meaning through various forms</p>	<p>The student's presentation clearly expresses and organizes ideas and information with a high degree of effectiveness</p>	<p>The student's presentation clearly expresses and organizes ideas and information with considerable degree of effectiveness</p>	<p>The student's presentation clearly expresses and organizes ideas and information with some degree of effectiveness</p>
<p><b>Application</b> - The use of knowledge and skills to make connections between Religious Education/Mental Health &amp; Wellness and the world outside the school</p>	<p>The student's presentation shows precise connections between Who <b>I AM</b> and the human search for purpose and meaning with a high degree of effectiveness.</p>	<p>The student's presentation shows precise connections between Who <b>I AM</b> and the human search for purpose and meaning with considerable effectiveness.</p>	<p>The student's presentation shows precise connections between Who <b>I AM</b> and the human search for purpose and meaning with some degree of effectiveness.</p>

Teacher comments \_\_\_\_\_

## **Saint Pope John Paul II**

On May 1, 2011, Pope John Paul II was beatified. The ceremony occurred only five years after his death. Pope Benedict waived the normal five year waiting period before the Congregation for the Causes of Saints could begin its investigation into his life.

The Vatican began planning the pope's beatification after Pope Benedict XVI approved a miracle attributed to his predecessor. May 1 was chosen for the ceremony because in 2011 it was Divine Mercy Sunday, a feast which held special significance for John Paul.

In order for Blessed John Paul to be canonized another miracle was needed.

- Did you know Pope John Paul II was named an "honourary Harlem Globetrotter" in 2000
- Did you know the Popemobile – the pope's car – are donated to the church by the manufacturers. There are 20 scattered around the world. Prior to the armoured Popemobiles, popes were transported in carriages and automobiles. Several of these are on display in the Vatican Carriage Museum. The popemobile's license plate number is SCV 1...this means "Stato della Citta del Vaticano" (Vatican City State) in Italian. Some Romans joke that it is an acronym for "Se Cristo Vedesse" – if only Christ could see this!
- Did you know that the Pope is the leader of our Catholic Church. New Popes are elected on the death or retirement of a current Pope. St Peter the Apostle is traditionally considered to be the first Pope because of his appointment by Jesus and his role in organizing the Church. Since then, there have been 265 Popes of the Roman Catholic Church, 78 who are now Saints.
- Did you know that according to the Roman Catholic tradition, when a new Roman Catholic pope is elected, he is given a ring which shows Saint Peter fishing from a boat? Around this image is the Pope's Latin name in raised letters. It is called the Fisherman's Ring. When the Pope dies, the ring and papal seal are smashed. This tradition began as a precaution against forgery but it is now merely a symbol of the end of a Pope's reign.
- Did you know that the Sistine Chapel is in the Palace of the Vatican, the official home of our Pope. It was built between 1475 and 1483. It is known worldwide for being the hall in which confidential or secret meetings take place as well as other official ceremonies. The Sistine Chapel was decorated by one of the world's most famous artist – Michelangelo. In 1508 Michelangelo was asked to paint the vault, or ceiling of the chapel. It took him until 1512 to finish! Although he was to paint only the 12 figures of the Apostles, when the work was finished there were more than 300! His figures showed the Creation, Adam and Eve in the Garden of Eden and The Great Flood.

## Pope Francis – 267<sup>th</sup> Pope

“Miserando atque eligendo” (“Pitiable but chose”) motto

Cardinal Bergoglio of Argentina – 76 years old

Pope Francis leads 1.2 billion Roman Catholics. He is the first non-European pontiff in nearly 1,300 years. He is a humble man who travelled by public transport, cooks his own meals and lived in a small apartment outside Buenos Aires.

Pope Francis is the first Pope who is a Jesuit, who is named Francis and who is from the Americas (Southern Hemisphere)

### **What are the Jesuits?**

- Society of Jesus is a religious order of the Roman Catholic Church
- Largest male religious order in the world, 19,000 members
- Take vows of poverty, chastity, obedience IHS – comes from the first three letters of the Greek name for Jesus: Iota-eta-sigma

### **Who is he?**

- Full name – Jorge Mario Bergoglio                      Born – December 17, 1936 in Buenos Aires
- Master’s degree in chemistry from University of Buenos Aires
- Taught Literature and psychology in Santa Fe and Buenos Aires
- Lost a lung as a teen due to respiratory illness - Speaks fluent Spanish, Italian, German
- Known for being humble and living with simple means

The name FRANCIS symbolizes “poverty,” humility, simplicity, and rebuilding of the Catholic Church.

### **What he stands for...**

- Believes church should have a missionary role
- Supports use of contraception to prevent spread of disease
- Teaches that homosexuals must be accepted with respect and compassion
- Believes extreme poverty is violation of human rights and social debt is “immoral, unjust, and illegitimate”

**“Let this great journey begin...” Pope Francis**                      Wednesday March 13, 2013

**“My brothers went to the ends of the world to get him (Pope)” Pope Francis**                      March 13, 2013

## Blessed Mother Teresa Quotes

1910 – 1997

### Quotes ON POVERTY

*"I see God in every human being. When I wash the leper's wounds, I feel I am nursing the Lord himself. Is it not a beautiful experience?" (1974 interview)*

*"When I see waste here, I feel angry on the inside. I don't approve of myself getting angry. But it's something you can't help after seeing Ethiopia." (1984 Washington Post)*

### Quotes ON ABORTION

*"Abortion "is murder in the womb...A child is a gift of God. If you do not want him, give him to me."*

*"The greatest destroyer of peace is abortion because if a mother can kill her own child, what is left for me to kill you and you to kill me? There is nothing between."*

*"It is a poverty to decide that a child must die so that you may live as you wish."*

### Quotes ON LOVE

*"If you judge people, you have no time to love them."*

*"I try to give to the poor people for love what the rich could get money. No, I wouldn't touch a leper for a thousand pounds, yet I willingly cure him for the love of God."*

### Quotes ON SERVING GOD

*"Each one of them is Jesus in disguise."*

*"Keep close to Jesus, He loves YOU."*

### Quotes ON SAINTHOOD

*"If I ever become a Saint, I will surely be one of 'darkness'. I will continually be absent from heaven – to light the light of those in darkness on earth."*

### Music connection

U2 – Grace – Blessed Mother Teresa

<http://www.youtube.com/watch?v=VAOn1PNAsCg>



## Saint Pope John Paul II Quotes

### World Youth Day 2002

1. “*People are made for happiness*. Rightly, then, you thirst for happiness. *Christ has the answer* to this desire of yours. But he asks you to trust him. *True joy is a victory*, something which cannot be obtained without *a long and difficult struggle*. Christ holds the secret of this victory.”
2. “The joy promised by the Beatitudes is the very joy of Jesus himself: a joy sought and found in *obedience to the Father* and in *the gift of self to others*. ...*By looking at Jesus* you will learn *what it means* to be poor in spirit, meek and merciful; what it means to seek justice, to be pure in heart, to be peacemakers.”
3. “To believe in Jesus is to accept what he says, even when it runs contrary to what others are saying. It means rejecting the lure of sin, however attractive it may be, in order to set out on the difficult path of the Gospel virtues.”
4. “*Christ alone is the cornerstone* on which it is possible solidly to build one’s existence. Only Christ – known, contemplated and loved – is the faithful friend who never lets us down, who becomes our travelling companion, and whose words warm our hearts (cf. *Lk 24:13-35*).”
5. “The future is in your hearts and in your hands. God is entrusting to you the task, at once difficult and uplifting, of working with him in the building of the *civilization of love*.”
6. “Dear young people, let yourselves be taken over by the light of Christ, and spread that light wherever you are.”
7. “Why have you come together from all parts of the world? To say in your hearts: “*Lord, to whom shall we go?*” Who has the words of eternal life? “*You have the words of eternal life*” (Jn 6,68). Jesus – the intimate friend of every young person – has the words of life.”
8. “The world you are inheriting is a world which desperately needs a new sense of brotherhood and human solidarity. It is a world which needs to be touched and healed by the beauty and richness of God’s love.”
9. “There are many priests, seminarians and consecrated persons here today; be close to them and support them! And if, in the depths of your hearts, you feel the same call to the priesthood or consecrated life, do not be afraid to follow Christ on the royal road of the Cross!”
10. “*We are not the sum of our weaknesses and failures*; we are the sum of the Father’s love for us and our real capacity to become the image of his Son.”

## Pope Francis Quotes

"The Lord never tires of forgiving. It is we who tire of asking for forgiveness."

"This is precisely the reason for the dissatisfaction of some, who end up sad -- sad priests -- in some sense becoming collectors of antiques or novelties, instead of being shepherds living with 'the odor of the sheep.' This I ask you: Be shepherds, with the 'odor of the sheep,' make it real, as shepherds among your flock, fishers of men."

"Ask yourselves this question: How often is Jesus inside and knocking at the door to be let out, to come out? And we do not let him out because of our own need for security, because so often we are locked into ephemeral structures that serve solely to make us slaves and not free children of God." (*Pentecost vigil, May 18, 2013*)

"Men and women are sacrificed to the idols of profit and consumption: it is the 'culture of waste.' If a computer breaks it is a tragedy, but poverty, the needs and dramas of so many people end up being considered normal. ... When the stock market drops 10 points in some cities, it constitutes a tragedy. Someone who dies is not news, but lowering income by 10 points is a tragedy! In this way people are thrown aside as if they were trash."  
(*General audience, June 5, 2013*)

"Faith is not a light which scatters all our darkness, but a lamp which guides our steps in the night and suffices for the journey. To those who suffer, God does not provide arguments which explain everything; rather, his response is that of an accompanying presence, a history of goodness which touches every story of suffering and opens up a ray of light."  
(*"Lumen Fidei," June 29, 2013*)

"If someone is gay and is searching for the Lord and has good will, then who am I to judge him? ... The problem is not having this tendency, no, we must be brothers and sisters to one another. The problem is in making a lobby of this tendency: a lobby of misers, a lobby of politicians, a lobby of masons, so many lobbies."

"An evangelizer must never look like someone who has just come back from a funeral."

"Gossip can also kill, because it kills the reputation of the person! It is so terrible to gossip! At first it may seem like a nice thing, even amusing, like enjoying a candy. But in the end, it fills the heart with bitterness, and even poisons us."  
(*Angelus, Feb. 16, 2014*)

-- "The perfect family doesn't exist, nor is there a perfect husband or a perfect wife, and let's not talk about the perfect mother-in-law! It's just us sinners." A healthy family life requires frequent use of three phrases: "May I? Thank you, and I'm sorry" and "never, never, never end the day without making peace."  
(*Meeting with engaged couples, Feb. 14, 2014*)

### Nelson Mandela Quotes

- 1) "Difficulties break some men but make others. No axe is sharp enough to cut the soul of a sinner who keeps on trying, one armed with the hope that he will rise even in the end."
- 2) "It always seems impossible until it's done."
- 3) "If I had my time over I would do the same again. So would any man who dares call himself a man."
- 4) "I like friends who have independent minds because they tend to make you see problems from all angles."
- 5) "Real leaders must be ready to sacrifice all for the freedom of their people."
- 6) "A fundamental concern for others in our individual and community lives would go a long way in making the world the better place we so passionately dreamt of."
- 7) "Everyone can rise above their circumstances and achieve success if they are dedicated to and passionate about what they do."
- 8) "Education is the most powerful weapon which you can use to change the world."
- 9) "I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."
- 10) "For to be free is not merely to cast off one's chains, but to live in a way that respects and enhances the freedom of others."
- 11) "Resentment is like drinking poison and then hoping it will kill your enemies."
- 12) "Lead from the back — and let others believe they are in front."
- 13) "Do not judge me by my successes, judge me by how many times I fell down and got back up again."
- 14) "I hate race discrimination most intensely and in all its manifestations. I have fought it all during my life; I fight it now, and will do so until the end of my days."
- 15) "A good head and a good heart are always a formidable combination."

## **Bono – U2 Quotes**

“My understanding of the Scriptures has been made simple by the person of Christ.”

“Christ teaches that God is love. What does that mean? What it means for me: a study of the life of Christ. Love here describes itself as a child born in straw poverty, the most vulnerable situation of all, without honor.”

“I don't let my religious world get too complicated. I just kind of go: Well, I think I know what God is. God is love, and as much as I respond [*sighs*] in allowing myself to be transformed by that love and acting in that love, that's my religion. Where things get complicated for me, is when I try to live this love. Now that's not so easy.”

“There's nothing hippie about my picture of Christ.”

“The Gospels paint a picture of a very demanding, sometimes divisive love, but love it is.”

“I accept the Old Testament as more of an action movie: blood, car chases, evacuations, a lot of special effects, seas dividing, mass murder, adultery. The children of God are running amok, wayward. Maybe that's why they're so relatable. But the way we would see it, those of us who are trying to figure out our Christian conundrum, is that the God of the Old Testament is like the journey from stern father to friend. When you're a child, you need clear directions and some strict rules. But with Christ, we have access in a one-to-one relationship, for, as in the Old Testament, it was more one of worship and awe, a vertical relationship. The New Testament, on the other hand, we look across at a Jesus who looks familiar, horizontal. The combination is what makes the Cross.”

“Let's not get too hard on the Holy Roman Church here. The Church has its problems, but the older I get, the more comfort I find there. The physical experience of being in a crowd of largely humble people, heads bowed, murmuring prayers, stories told in stained-glass windows ...”

“I'm holding out that Jesus took my sins onto the Cross, because I know who I am, and I hope I don't have to depend on my own religiosity.”

“I love the idea of the Sacrificial Lamb. I love the idea that God says: *Look, you cretins, there are certain results to the way we are, to selfishness, and there's a mortality as part of your very sinful nature, and, let's face it, you're not living a very good life, are you? There are consequences to actions.* The point of the death of Christ is that Christ took on the sins of the world, so that what we put out did not come back to us, and that our sinful nature does not reap the obvious death. That's the point. It should keep us humbled... . It's not our own good works that get us through the gates of heaven.”

Look, the secular response to the Christ story always goes like this: he was a great prophet, obviously a very interesting guy, had a lot to say along the lines of other great prophets, be they Elijah, Muhammad, Buddha, or Confucius. But actually Christ doesn't allow you that. He doesn't let you off that hook. Christ says: *No. I'm not saying I'm a teacher, don't call me teacher. I'm not saying I'm a prophet. I'm saying: "I'm the Messiah." I'm saying: "I am God incarnate."*